

Hebert Health Rehabilitation - Activity Calendar

May 2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>8:00 News/Coffee-A</p> <p>9:00 Leisure activity-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Cooking class -A</p> <p>3:30 Snack/Video-AU</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Art/Craft-A</p> <p>3:00 Catholic Mass-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Horse Racing-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>3:00 Afternoon Video/ Snack</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Will Bowling-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Pokeno -A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Pokeno-A</p> <p>3:00 Comedy video/snack-A</p> <p>6:00 Bingo -A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Karaoke-A</p> <p>3:00 Snack / Music-AU</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Movie Night w/ special snack- A</p>	<p>8:00 News/Coffee-A</p> <p>10:00 Exercise Class -A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Snack and Movie Resident's Choice-AU</p> <p>6:00 Pokeno - A</p>
<p>8:00 News/Coffee-A</p> <p>9:00 Leisure activity- A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Cooking class -A</p> <p>3:30 Snack/Video-AU</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Art/Craft-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Horse Racing-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Horse Races-A</p> <p>3:00 Afternoon Video/ Snack</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Will Bowling-A</p> <p>2:30 Snack/music -A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Pokeno- A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Pokeno-A</p> <p>3:00 Comedy video/snack-A</p> <p>6:00 Bingo -A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Karaoke-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Movie Night w/ special snack- A</p>	<p>8:00 News/Coffee-A</p> <p>10:00 Exercise Class -A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Snack and Movie Resident's Choice-AU</p> <p>6:00 Pokeno - A</p>
<p>8:00 News/Coffee-A</p> <p>9:00 Leisure activity- A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Cooking class -A</p> <p>3:30 Snack/Video-AU</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Art/Craft-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Horse Racing-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:00 Resident Council meet with unit Representatives -A</p> <p>3:00 Afternoon Video/ Snack</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Will Bowling-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Pokeno- A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Pokeno-A</p> <p>3:00 Comedy video/snack-A</p> <p>6:00 Bingo -A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Karaoke-A</p> <p>3:00 Special St Patty shakes / music-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Movie Night w/ special snack- A</p>	<p>8:00 News/Coffee-A</p> <p>10:00 Exercise Class -A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Snack and Movie Resident's Choice-AU</p> <p>6:00 Pokeno - A</p>
<p>8:00 News/Coffee-A</p> <p>9:00 Leisure activity- A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Cooking class -A</p> <p>3:30 Snack/Video-AU</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Art/Craft-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Horse Racing-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:00 Resident Council meet with unit Representatives -A</p> <p>3:00 Afternoon Video/ Snack</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Will Bowling-A</p> <p>2:30 Snack/music -A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Pokeno- A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Pokeno-A</p> <p>3:00 Comedy video/snack-A</p> <p>6:00 Bingo -A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Karaoke-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Movie Night w/ special snack- A</p>	<p>8:00 News/Coffee-A</p> <p>10:00 Exercise Class -A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Snack and Movie Resident's Choice-AU</p> <p>6:00 Pokeno - A</p>
<p>8:00 News/Coffee-A</p> <p>9:00 Leisure activity- A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Cooking class -A</p> <p>3:30 Snack/Video-AU</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Art/Craft-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Horse Racing-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:00 Resident Council meet with unit Representatives -A</p> <p>3:00 Afternoon Video/ Snack</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Will Bowling-A</p> <p>2:30 Snack/music -A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Pokeno- A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Pokeno-A</p> <p>3:00 Comedy video/snack-A</p> <p>6:00 Bingo -A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Karaoke-A</p> <p>3:00 Special St Patty shakes / music-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Movie Night w/ special snack- A</p>	<p>8:00 News/Coffee-A</p> <p>10:00 Exercise Class -A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Snack and Movie Resident's Choice-AU</p> <p>6:00 Pokeno - A</p>

KEY

- Activity room.....A
- All Units.....AU
- Main Dining room.....MD
- Bus Trip.....BT
- Mall Delivered Monday-Saturday
- Hair Dresser Monday- Friday
- * Meals Times are approximate
- Breakfast-8:15 AM
- Lunch-12:15 noon
- Dinner-5:15 PM

Happy Mothers Day
MAY 14

