

Hebert Health Rehabilitation - Activity Calendar

January 2023

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

<p>8:00 News/Coffee-A</p> <p>9:00 Leisure activity- A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Cooking class-A</p> <p>3:30 Snack/Video-AU</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Art/Craft-A</p> <p>3:00 Catholic Mass-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Horse Racing-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>2:00 Will Bowling-A</p> <p>3:00 Afternoon Video/ Snack</p> <p>6:00 Bingo-A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Jewelry Making -A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Pokeno- A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Word game Trivial/ hangman- A</p> <p>3:00 Comedy video/snack-A</p> <p>6:00 Bingo -A</p>	<p>8:00 Coffee /News -A</p> <p>9:00 Leisure activity-A</p> <p>10:15 Exercise Class-A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-A</p> <p>1:30 Bingo- A</p> <p>2:30 Monthly B.D Party Special snack-A</p> <p>3:30 facetime/zoom calls-AU</p> <p>6:00 Movie Night w/ special snack- A</p>	<p>8:00 News/Coffee-A</p> <p>10:00 Exercise Class -A</p> <p>10:40 Kick Ball-A</p> <p>11:00 Rosary-MD</p> <p>1:30 Snack and Movie Resident's Choice-AU</p> <p>6:00 Pokeno - A</p>	<p>2</p>	<p>3</p>	<p>4</p>	<p>5</p>	<p>6</p>	<p>7</p>	
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Happy New Year 2023