

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY



Hebert Health Rehabilitation - Activity Calendar OCTOBER 2022

8:00 News/Coffee-A 9:00 Leisure activity- A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	2	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:00 Catholic Mass-A 3:30 facetime/zoom calls-AU 6:00 Hang Man-A	3	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Will Bowling -A 1:30 Art/craft-A 6:00 Bingo-A	4	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Painting-A 3:30 facetime/zoom calls-AU 6:00 Pokeno -A	5	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Nail care/ movie Residents choice-A 1:30 Will Bowling-A 3:00 Comedy video/snack-A 6:00 Bingo -A	6	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Karaoke-A 3:00 Snack / Music-AU 3:30 facetime/zoom calls-AU 6:00 Movie Night w/ special snack -A	7	8:00 News/Coffee-A 10:00 Exercise Class -A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Resident's Choice-AU 6:00 Pokeno - A	1
8:00 News/Coffee-A 9:00 Leisure activity- A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	9	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:30 facetime/zoom calls-AU 6:00 Hang Man-A	10	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Will Bowling -A 1:30 Art/craft-A 6:00 Bingo-A	11	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Painting-A 3:30 facetime/zoom calls-AU 6:00 Pokeno -A	12	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Nail care/ movie Residents choice-A 1:30 Will Bowling-A 3:00 Comedy video/snack-A 6:00 Bingo -A	13	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Hangman/Trivia -A 3:00 Snack/Music -AU 3:30 facetime/zoom calls-AU 6:00 Movie Night w/ special snack -A	14	8:00 News/Coffee-A 10:00 Exercise Class -A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Resident's Choice-AU 6:00 Pokeno - A	15
8:00 News/Coffee-A 9:00 Leisure activity- A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	16	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:30 facetime/zoom calls-AU 6:00 Hang Man-A	17	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Resident Council meet with unit Representatives -A 1:30 Will Bowling -A 3:30 Snack/music-A 6:00 Bingo-A	18	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Painting-A 3:30 facetime/zoom calls-AU 6:00 Pokeno -A	19	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 11:45 Halloween Luncheon-MD/A 1:30 Nail care/ movie Residents choice-A 1:30 Will Bowling-A 3:00 Comedy video/snack-A 6:00 Bingo -A	20	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Vini Ames- A 2:00 Snack / music-A 3:00 Movie Night w/ special snack -A	21	8:00 News/Coffee-A 10:00 Exercise Class -A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Resident's Choice-AU 6:00 Pokeno - A	22
8:00 News/Coffee-A 9:00 Leisure activity- A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	23	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:30 facetime/zoom calls-AU 6:00 Hang Man-A	24	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Will Bowling -A 1:30 Art/craft-A 6:00 Bingo-A	25	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Painting-A 2:30 Snack/music -A 3:30 facetime/zoom calls-AU 6:00 Pokeno -A	26	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Nail care/ movie Residents choice-A 1:30 Will Bowling-A 3:00 Comedy video/snack-A 6:00 Bingo -A	27	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Karaoke-A 2:00 Summertime bingo-A 3:30 facetime/zoom calls-AU 6:00 Movie Night w/ special snack -A	28	8:00 News/Coffee-A 10:00 Exercise Class -A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Resident's Choice-AU 6:00 Pokeno - A	29
8:00 News/Coffee-A 9:00 Leisure activity- A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	30	8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:30 facetime/zoom calls-AU 6:00 Hang Man-A	31	<div data-bbox="70 901 362 3030" data-label="Image"> </div> <div data-bbox="201 1181 342 1771" data-label="Text"> <h2>HAPPY HALLOWEEN OCTOBER 31</h2> </div>				8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Will Bowling -A 1:30 Art/craft-A 6:00 Bingo-A	8:00 News/Coffee-A 9:00 Leisure activity- A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A				
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KEY

- Activity room.....A
- All Units.....AU
- Main Dining room.....MD
- Bus Trip.....BT
- Mall Delivered Monday-Saturday Hair Dresser Monday- Friday
- *Meals Times are approximate
- Breakfast-8:15 AM
- Lunch-12:15 noon
- Dinner-5:15 PM