

# Hebert Health Rehabilitation - Activity Calendar

August 2022



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:30 Catholic Mass-A 6:00 Hangman-A	1 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Will Bowling -A 6:00 Bingo-A	2 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Horse Racing-A 3:30 facetime/zoom calls-AU 6:00 Pokeno- A	3 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Nail care/ movie Residents choice-A 3:00 Comedy video/snack-A 6:00 Bingo -A	4 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 2:00 Karaoke -A 3:00 Snack / Music-AU 3:30 facetime/zoom calls-AU 6:00 Movie Night w/ special snack- A	5 8:00 News/Coffee-A 10:00 Exercise Class -A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Resident's Choice-AU 6:00 Pokeno - A
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8:00 News/Coffee-A 9:00 Leisure activity- A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	7 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:30 facetime/zoom calls-AU 6:00 Hangman-A	8 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Will Bowling -A 6:00 Bingo-A	9 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 11:15 Iggy's Broadwalk Lunch Trip- BT 1:30 Horse Racing-A 3:30 facetime/zoom calls-AU 6:00 Pokeno- A	10 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Nail care/ movie Residents choice-A 3:00 Comedy video/snack-A 6:00 Bingo -A	11 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Bingo- A 3:00 Snack/Music -AU 3:30 facetime/zoom calls-AU 6:00 Movie Night w/ special snack- A	12 8:00 News/Coffee-A 10:00 Exercise Class -A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Resident's Choice-AU 6:00 Pokeno - A
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8:00 News/Coffee-A 9:00 Leisure activity- A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	14 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:30 facetime/zoom calls-AU 6:00 Hangman-A	15 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Will Bowling -A 6:00 Bingo-A	16 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Resident Council meet with unit Representatives -A 1:30 Will Bowling -A 3:30 Art/craft-A 3:30 Snack/music-A 6:00 Bingo-A	17 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Horse Racing-A 3:30 facetime/zoom calls-AU 6:00 Pokeno- A	18 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Nail care/ movie Residents choice-A 3:00 Comedy video/snack-A 6:00 Bingo -A	19 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Ann Watkinson ent - - A 2:00 Snack / music-A 3:30 facetime/zoom calls-AU 6:00 Movie Night w/ special snack- A	20 8:00 News/Coffee-A 10:00 Exercise Class -A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Resident's Choice-AU 6:00 Pokeno - A
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8:00 News/Coffee-A 9:00 Leisure activity- A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	21 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:30 facetime/zoom calls-AU 6:00 Hangman-A	22 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Will Bowling -A 6:00 Bingo-A	23 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 12:30 Ice Cream pallo-BT 1:30 Horse Racing-A 2:30 Snack/music -A 3:30 facetime/zoom calls-AU 6:00 Pokeno- A	24 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Nail care/ movie Residents choice-A 3:00 Comedy video/snack-A 6:00 Bingo -A	25 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 2:00 Vini Ames ent-A 3:30 facetime/zoom calls-AU 6:00 Movie Night w/ special snack- A	26 8:00 News/Coffee-A 10:00 Exercise Class -A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Resident's Choice-AU 6:00 Pokeno - A
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8:00 News/Coffee-A 9:00 Leisure activity- A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	28 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Art/Craft-A 3:30 facetime/zoom calls-AU 6:00 Hangman-A	29 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Will Bowling -A 6:00 Bingo-A	30 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Horse Racing-A 3:30 facetime/zoom calls-AU 6:00 Pokeno- A	31 8:00 Coffee /News -A 9:00 Leisure activity-A 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-A 1:30 Horse Racing-A 3:30 facetime/zoom calls-AU 6:00 Pokeno- A	<p>AUGUST 21, 2022</p>	<p><b>KEY</b></p> <p>Activity room.....A All Units.....AU Main Dining room.....MD Bus Trip.....BT Mail Delivered Monday-Saturday Hair Dresser Monday- Friday * Meals Times are approximate Breakfast-8:15 AM Lunch-12:15 noon Dinner-5:15 PM</p>
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