

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

# Hebert Health Rehabilitation - Activity Calendar

## OCTOBER 2021

8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Resident's choice video-AU 3:30 Snack/Video-AU 6:00 Bingo-A	3	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Yoga With Lyamaris-A 1:30 Will bowling 3:00 Catholic Mass-A 3:30 Afternoon/Video -AU 3:30 facetime/zoom calls 6:00 Pokeno-AU	4	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Nail Care-AU 3:00 1-1 facetime/calls-AU 6:00 Bingo-A	5	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Art/Craft AU 3:30 facetime/zoom calls 6:00 Pokeno-A	6	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Horse Racing-A 3:00 1-1 facetime/calls-AU 6:00 Word Game-A	7	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Karaoke-A 3:30 Resident's choice video-AU 3:30 facetime/zoom calls 6:00 Pokeno -A	8	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Bingo -AU 3:00 Snack/Music -AU 3:30 facetime/zoom calls 6:00 Pokeno -A	9	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Residents Choice-AU 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	1	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Residents Choice-AU 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	2	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Residents Choice-AU 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	3	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	4	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	5	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	6	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	7	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	8	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	9	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 Resident's choice video-AU 6:00 word game - A	10	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Yoga With Lyamaris-A 1:30 Will bowling 3:30 Afternoon/Video -AU 3:30 facetime/zoom calls 6:00 Pokeno-AU	11	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Nail Care-AU 3:00 1-1 facetime/calls-AU 6:00 Bingo-A	12	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Art/Craft AU 3:30 facetime/zoom calls 6:00 Pokeno-A	13	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Horse Racing-A 3:00 1-1 facetime/calls-AU 6:00 Word Game-A	14	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Horse Racing-A 1:30 Will Bowling AU 3:30 facetime/zoom calls 6:00 Pokeno -A	15	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Residents Choice-AU 1:30 Snack and movie resident's choice-AU 3:30 word game - A	16	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 word game - A	17	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	18	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Yoga With Lyamaris-A 1:30 Will bowling 3:30 Afternoon/Video -AU 3:30 facetime/zoom calls 6:00 Pokeno-AU	19	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Resident Council meet with unit Representatives -A 1:30 Nail Care-AU 3:00 1-1 facetime/calls-AU 6:00 Bingo-A	20	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Art/Craft AU 3:30 facetime/zoom calls 6:00 Pokeno-A	21	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Let's celebrate monthly birthday with cake with Ann W Ent -AU 1:30 Horse Racing-A 3:30 1-1 facetime/calls-AU 6:00 Word Game-A	22	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 word game - A	23	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 3:30 word game - A	24	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	25	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Yoga With Lyamaris-A 3:30 facetime/zoom calls 6:00 Pokeno-AU	26	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Nail Care-1-1 visits-AU 3:00 1-1 facetime/calls-AU 6:00 Bingo-A	27	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 1:30 Art/Craft AU 3:30 facetime/zoom calls 6:00 Pokeno-A	28	8:00 Coffee /News -AU 9:00 Leisure activities-AU 10:15 Exercise Class-AU 10:40 Kick Ball-AU 11:00 Rosary-MD 2:00 Vini Ames Ent -Halloween partyAU 3:30 facetime/zoom calls 6:00 Pokeno -A	29	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and Movie Resident's Choice-AU 1:30 Snack and movie resident's choice-AU 6:00 word game - A	30	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Snack and movie resident's choice-AU 6:00 word game - A	31	8:00 News/Coffee-A 9:00 Leisure activities-AU 10:15 Exercise Class-A 10:40 Kick Ball-A 11:00 Rosary-MD 1:30 Cooking class-A 3:30 Snack/Video-AU 6:00 Bingo-A	30
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### KEY

- Activity room.....A
- All Units.....AU
- Main Dining room.....MD
- Bus Trip.....BT
- Mall Delivered Monday-Saturday
- Hair Dresser Monday- Friday
- \* Meals Times are approximate
- Breakfast-8:15 AM
- Lunch-12:15 noon
- Dinner-5:15 PM