

HEBERT'S FALL MENU

Fall Winter Menu

Breakfast Sample



**ORANGE JUICE / CRANBERRY JUICE
APPLE JUICE / COFFE / TEA / MILK**

OATMEAL / COLD CEREAL / CREAM OF WHEAT / MAYPO

SCRAMBLED EGGS / HARD BOILED EGGS

**FENCH TOAST / PANCAKES / MUFFIN /
WHEAT TOAST / RAISIN TOAST / HOMEFRIES**

HAM / SAUSAGE

Subject to change/ alternate options available daily

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Lunch Sample Options



**CHILI/ BAKED FISH/ TURKEY DINNER
YANKEE POT ROAST/ CHEESE RAVIOLI/
ROASTED PORK/ HAMBURGER OR HOTDOG**

OVEN ROASTED POTATOES/GARLIC ROLL/ BAKED BEANS

**CARROTS/BROCCOLI/SALAD/ GREENBEANS
ORIENTAL VEGETABLES**

**JELLO/ CUPCAKE/ FRUIT/PUDDING/
LEMON MERINGUE PIE/ FRUITED YOGURT/**

ASSORTED DRINKS

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Dinner Sample Options



**CHICKEN STEW/ BAKED FISH/ MEATLOAF
WITH GRAVY/ CHICKEN SALAD PLATE/
TUNA SANDWICH WITH CHOWDER/ BEEF
STEW/ GRILLED CHEESE/ EGG SALAD**

BUTTERNUT SQUASH/ BRUSSEL SPROUTS/ SPINACH/ BEETS

**MASHED POTATO/ SWEET POTATO/
FRENCH FRIES/**

**PUMPKIN PIE/ FRUIT/ ÉCLAIR/ PINEAPPLE
UPSIDE DOWN CAKE/ BAKED APPLES**

ASSORTED DRINKS

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